Responding with Care to My Students Facing Trauma & or Anxiety

<u>Objective:</u> During the next 30 days, teachers will maintain a thriving learning environment and <u>respond</u> to students who are experiencing ongoing trauma or short-term anxiety in ways that recognize their emotional needs.

Directions and Guidelines:

All staff will read and discuss the article "Responding with Care to Students Facing Trauma" by Kristin Souers. Staff will identify the "challenging nuggets" in their school/classroom. Each classroom teacher will use the chart below to track their response to the "challenging nuggets" behavior. During TEAM or Grade Level meetings, teachers will share success stories of behavioral changes due to the appropriate response given to the "challenging nuggets".

FOCUS POINTS:

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Identity	what	need	2	behavior	10	expressing.
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Recognize and build from students' strengths.

Connect & Respond to help foster a sense of safety – hugs (HG), high fives HF), handshakes (HS) or other (O).

Work from a team perspective.

Consider whether a basic need isn't being met.

Give students grace.

My "Challenging	How will I Respond?	Comments/Results/Notes
My "Challenging Nuggets"	HG, HF, HS, O	