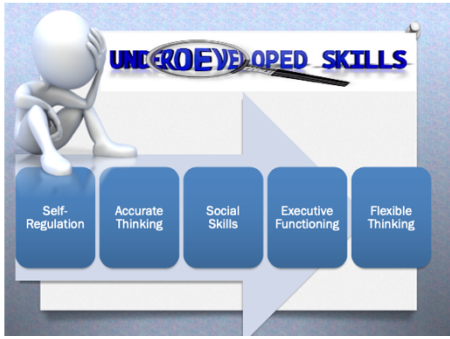
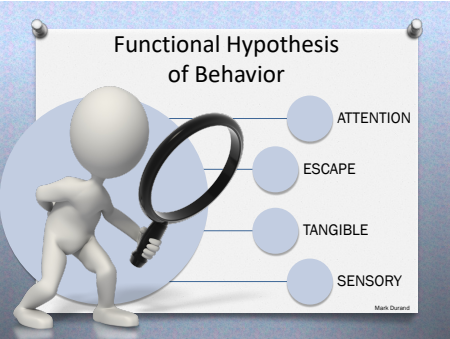
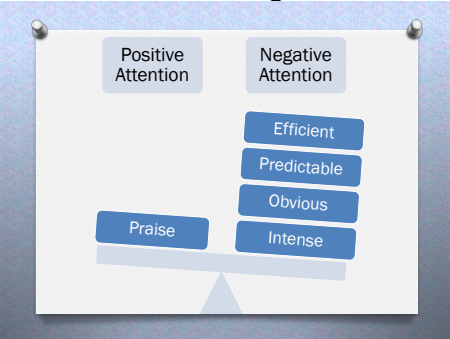



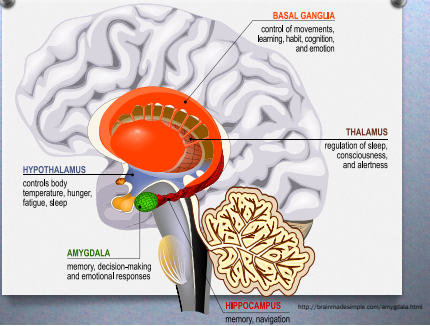
# Kids Who Challenge Us: Increasing Student Engagement and Reducing Oppositional Behavior

by Jessica Minahan, PhD, BCBA

author of [The Behavior Code](#) and [The Behavior Code Companion](#)

	
	
<h3>Connection Seeking</h3> 	
<h3>Increasing Student Engagement</h3> 	

You don't have to think about this, you just have to get outta here!



## Initiation

**Initiation**

- Support Starting
- Preview with actual work
- Preview/Start work day before
- Self Monitoring

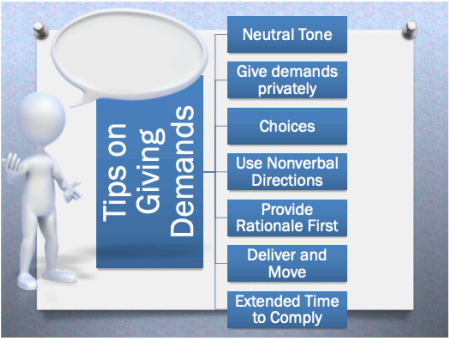
## Help-Seeking

**Help Seeking**

- Shift Reinforcement to skill
- Functional Communication
  - "I need help getting started"

**ACTIVITY**

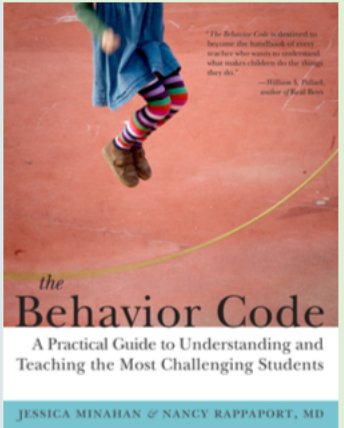
<b>SKILL</b>	<b>STRATEGY</b>	<b>USED?</b>
<b>Initiation</b>		
<b>Persistence</b>		
<b>Help-Seeking</b>		

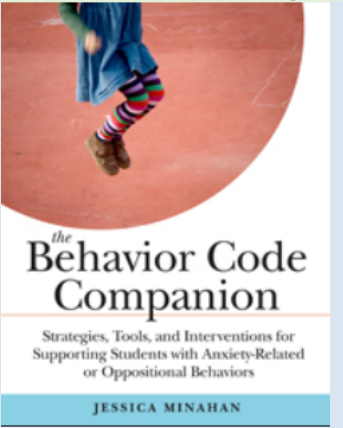
Independent Work Inventory	
Self-Regulation Apps	<ul style="list-style-type: none"> <li>o Calm</li> <li>o Headspace</li> <li>o Moodnotes (not free)</li> <li>o Moodpath</li> <li>o Pacifica</li> <li>o Pixel Thoughts</li> <li>o SuperBetter (game to teach resilience)</li> <li>o 7 Cups</li> <li>o Anxiety Relief Hypnosis</li> <li>o Happify</li> <li>o Talkspace</li> </ul>
<p>Tips on Giving Demands</p> 	
Shift Reinforcement to Skill Development	

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**BOOKS:**

**The Behavior Code and The Behavior Code Companion**





Additional Notes: