



TAKING CARE OF YOUR  
**'WHOLE'**  
STAFF

THROUGH CELEBRATIONS AND ENERGIZING  
ACTIVITIES

**PRESENTED BY CINDY SHOLTYS-CROMWELL**

2021 NASSP NATIONAL DIGITAL PRINCIPAL OF THE YEAR

PRINCIPAL OF KELSO VIRTUAL ACADEMY

KELSO WASHINGTON @SHOLTYS



# WHO IS CINDY?

WIFE, MOM OF 2 TEENAGERS, DAUGHTER, AND SISTER

2021 NASSP NATIONAL DIGITAL PRINCIPAL OF THE YEAR

3 YEARS PRINCIPAL OF KELSO VIRTUAL ACADEMY AND LOOWIT ALTERNATIVE  
HIGH SCHOOL

13 YEARS PRINCIPAL OF BUTLER ACRES ELEMENTARY

7 YEARS ASSISTANT PRINCIPAL OF COWEEMAN MIDDLE SCHOOL

FORMER ALTERNATIVE HIGH SCHOOL TEACHER

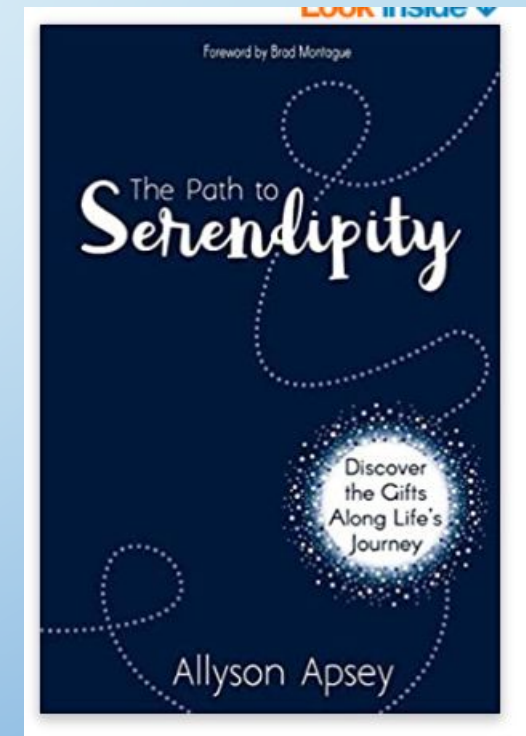
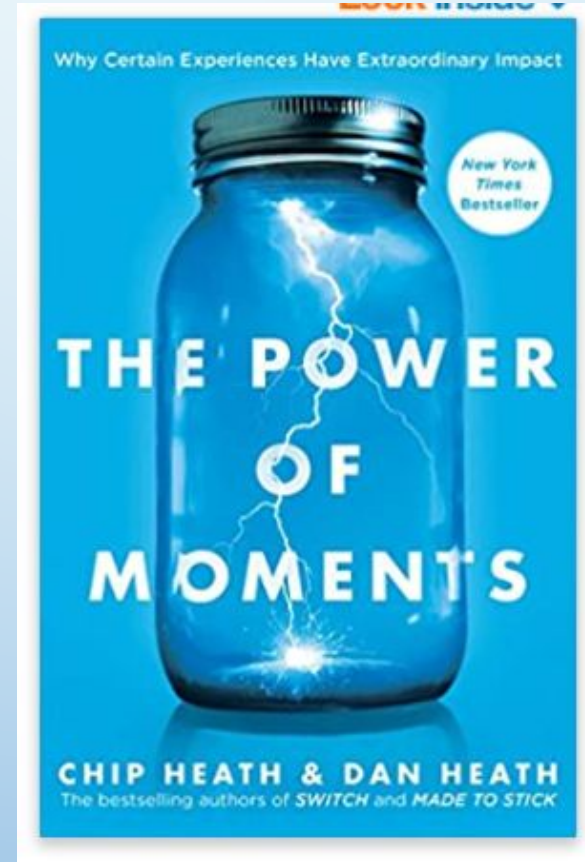
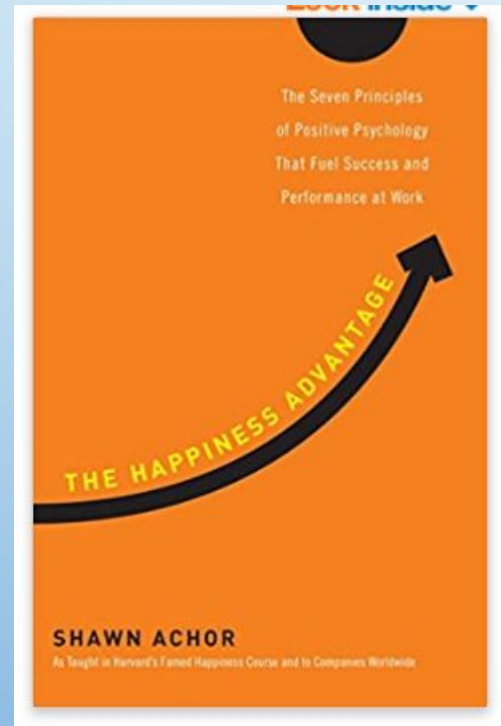
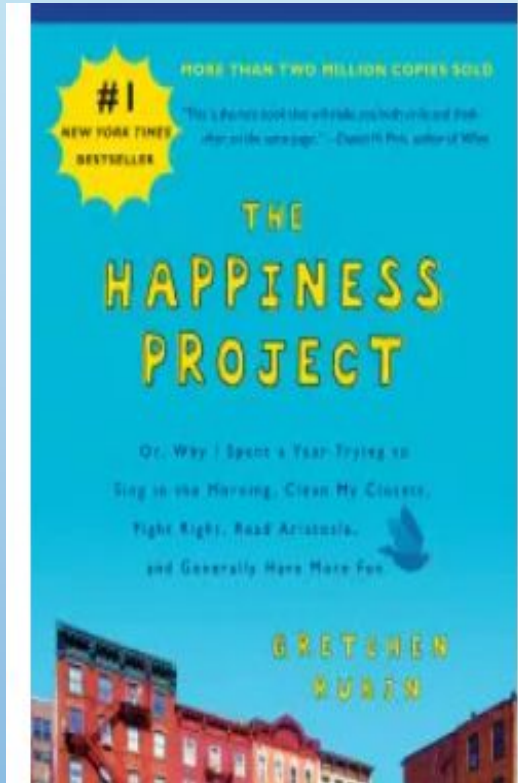


## LEARNING TARGET:

AT THE END OF THIS PRESENTATION YOU WILL HAVE A VARIETY OF SIMPLE AND EASY TO IMPLEMENT IDEAS TO **MOTIVATE**, **ENERGIZE**, AND **ENCOURAGE** STAFF.



# INSPIRED BY





*"GRATITUDE AND ATTITUDE ARE NOT  
CHALLENGES;  
THEY ARE CHOICES."*


ROBERT BRAATHE

The background is a light blue gradient with several realistic water droplets of various sizes scattered across the top and bottom edges. The text is centered in a bold, black, sans-serif font.


**THE NUMBER 1 REASON PEOPLE  
LEAVE THEIR JOBS IS BECAUSE THEY  
“DO NOT FEEL APPRECIATED”**



## PEOPLE WHO FEEL APPRECIATED:

- EXHIBIT INCREASED PRODUCTIVITY
  - ARE MORE ENGAGED WITH THEIR COLLEAGUES
  - ARE LESS LIKELY TO LEAVE THEIR CURRENT ROLE
- 



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**HOW DO YOU CURRENTLY  
SHOW APPRECIATION TO YOUR  
STAFF?**

WELCOME TO 2023

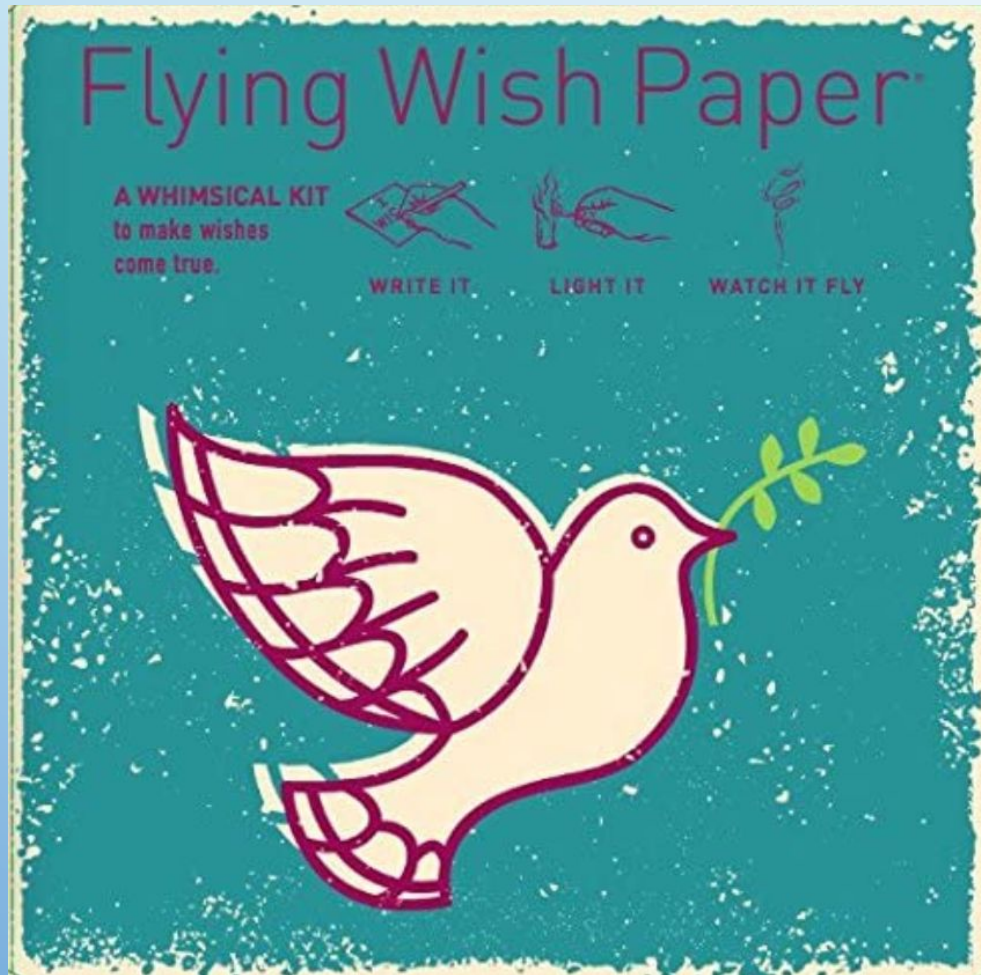


# SET THE TONE—ONE WORD





# WHAT IS YOUR WISH?





## CREATE A “FAVORITES” GOOGLE SURVEY

- SNACK OR CANDY
- SCHOOL APPROPRIATE BEVERAGE
- FAST FOOD PLACE AND ITEM
- COLOR
- TEAM
- SONG





A MONDAY AM  
SURPRISE ON  
THEIR DESK

# WAYS TO ASK HOW YOU ARE DOING

## @SITWITHWIT

- WHAT IS SOMETHING INTERESTING THAT HAPPENED TODAY?
- WHAT HAVE YOU BEEN READING/LISTENING TO/WATCHING LATELY?
- HOW CAN I MAKE YOUR DAY EASIER RIGHT NOW?
- WHAT DID YOU DO TO TAKE CARE OF YOURSELF TODAY?
- WHAT MADE YOU SMILE TODAY?
- WHAT HAS BEEN HARDEST FOR YOU THIS WEEK?



# WAYS TO ASK HOW YOU ARE DOING CONT'

- WHAT DO YOU WISH YOU DID A LITTLE LESS OF TODAY?
- IF YOU COULD DO ANY PART OF TODAY OVER AGAIN, WHAT WOULD IT BE?
- WHAT WOULD YOU LIKE TO BE DIFFERENT TOMORROW?
- WHEN DID YOU FEEL APPRECIATED/UNDERSTOOD/LOVED TODAY?
- WHAT ARE YOU MOST EXCITED FOR THIS WEEK?
- WHAT DO YOU WISH YOU DID MORE OF TODAY?



# STAFF MEETINGS

# STAFF MEETING GO TO'S

- **BABY LAUGHING**
- **CATS PLAYING**
- **SMALL GROUPS SHARING A PICTURE**
- **THANK YOU NOTES TO ANOTHER STAFF MEMBER**
- **NAME THAT TUNE COMPETITION**
- **MUSIC AS THEY ENTER**



# A FEW OTHER STAFF MEETING GO TO'S

- BUBBLES
- FORTUNE COOKIES
- WOULD YOU RATHER?



## ADDITIONAL STAFF MEETING IDEAS

- WHAT IF WE.....
  - WINDOWS OR WHEELS
- 



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**CELEBRATION TIME  
@SHOLTYS**

# CELEBRATE AT SCHOOL AND ONLINE







*We love  
our bus  
drivers*



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**WINTER DAYS TO CELEBRATE  
JANUARY-MARCH**



# A FEW OF MY FAVORITES

- JAN 27 NAT CHOCOLATE CAKE DAY
- JAN 30 NAT BUBBLE WRAP DAY
- JAN 31 PLAN FOR VACATION DAY
- FEB 3 NAT CARROT CAKE DAY & BUBBLE GUM DAY
- FEB 7 NAT SEND A CARD TO A FRIEND DAY
- FEB 9 NAT PIZZA DAY
- FEB 10 FRIDAY BEFORE SUPERBOWL
- FEB 17 NAT RANDOM ACTS OF KINDNESS
- FEB 21 NAT STICKY BUN DAY
- MAR 1 NAT PEANUT BUTTER LOVER'S DAY
- MAR 6 NAT OREO COOKIE DAY
- MAR 10 NAT PACK YOUR LUNCH DAY
- MAR 14 PI DAY, POTATO CHIP DAY, NAT WRITE DOWN YOUR STORY DAY
- MAR 17 ST PATRICKS DAY
- MAR 30 NAT PENCIL DAY





Dear Staff,

Happy 100<sup>th</sup> Day of School!! Here are a few things that will help to ensure you make it to 100 years old:

- 100 Grand Bar for the money you will need
- Smarties for never ending knowledge
- A pop-it so you never stop celebrating
- A granola bar so you won't be hungry
- A back scratcher to remind you I will always have your back
- A candy kiss because you are always loved
- Gold coin to bring you luck
- A candle to light your way
- A hand clapper to make sure you will always be cheered on
- An inspirational card to keep you inspired
- A spin top and bouncy ball to ensure you always are entertained
- And a life saver to help you get through the rough waters

Happy 100<sup>th</sup> Day of School,

**Cindy**







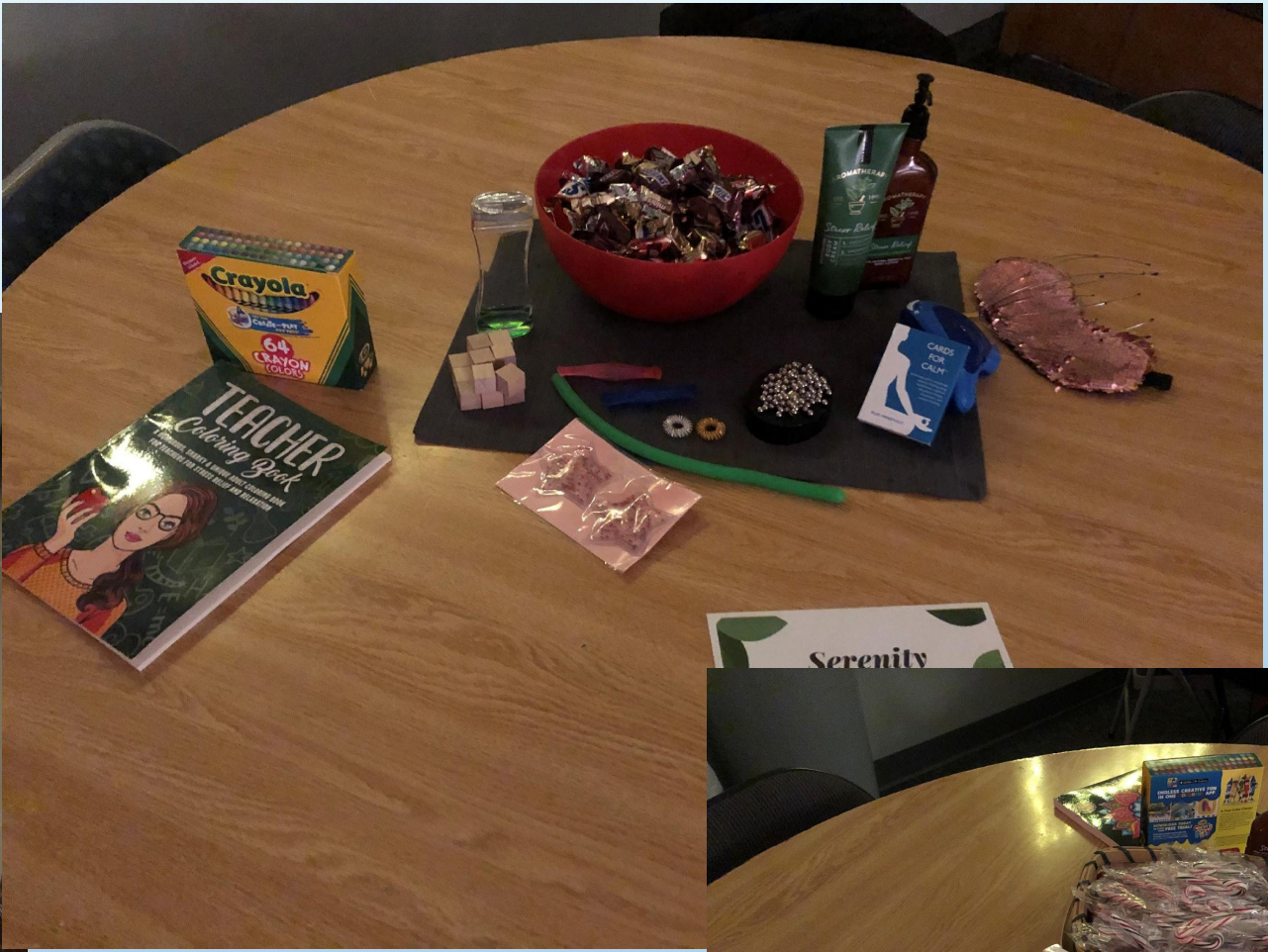
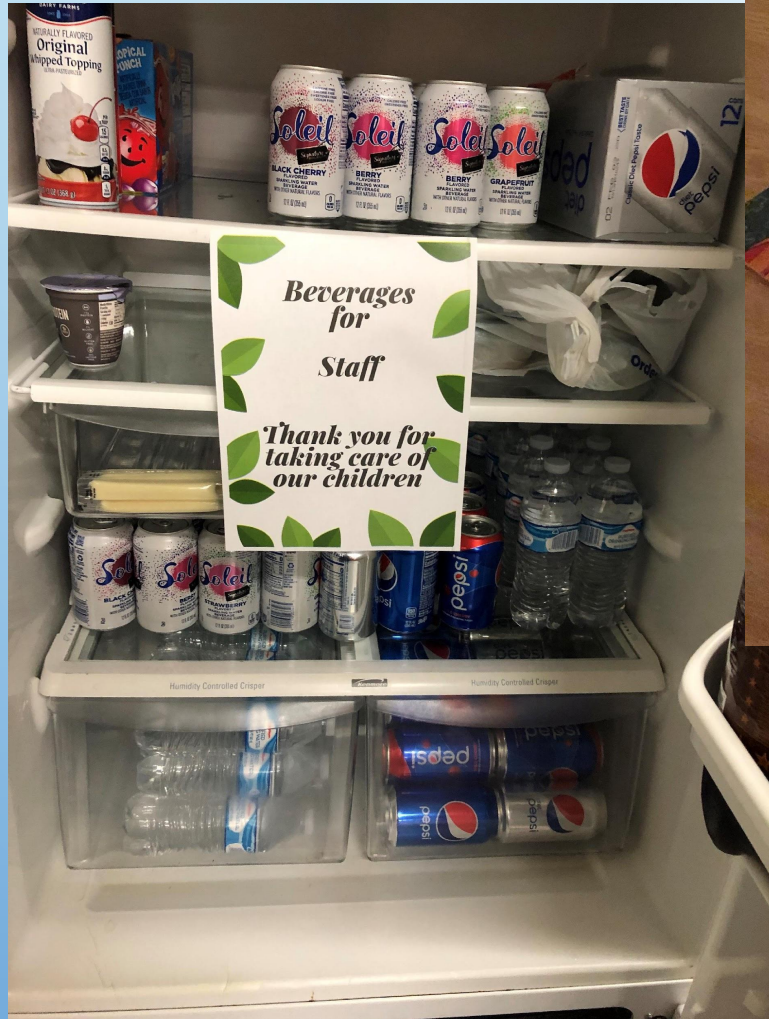
MARCH IS TOUGH



# A SERENITY ROOM.....









YOU LIGHT UP LIVES.....





# SECRET LEPRECHAUNS



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# A RETURN FROM SPRING BREAK ACTIVITY

A TIME FOR RESET, REFLECTION, AND COMMUNITY

# QUESTION #1

IDENTIFY 3 MOMENTS IN YOUR LIFE WHERE  
YOU WOULD GO BACK AND HIGH 5  
YOURSELF



# QUESTION #2

IDENTIFY 2 TIMES YOU WOULD GO BACK  
IN THE PAST AND WHISPER A PIECE OF  
REASSURANCE TO YOURSELF. WHAT ARE  
THE MOMENTS AND WHAT WILL YOU SAY?

# QUESTION #3

IDENTIFY 1 THING YOU WOULD TELL YOUR  
FINAL SELF ABOUT THE LEGACY YOU ARE  
LEAVING?

# PARTNER SHARE



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# **SPRING DAYS TO CELEBRATE APRIL-JUNE**

# A FEW OF MY FAVORITES

- APR 13 NAT SCRABBLE DAY
- APR 14 NAT GARDENING DAY
- APR 17 NAT HAIKU POETRY DAY
- APRIL 18 NAT ANIMAL CRACKERS DAY
- APR 24 NAT BUCKET LIST DAY
- APR 28 NAT SUPERHERO DAY
- MAY 1 MAY DAY
- MAY 4 STAR WARS DAY
- MAY 11 NAT EAT WHAT YOU WANT DAY
- MAY 16 NAT BARBECUE DAY
- MAY 19 NASCAR DAY
- MAY 26 NAT PAPER AIRPLANE DAY
- MAY 31 NAT SMILE DAY
- JUNE 1 NAT SAY SOMETHING NICE DAY
- JUNE 2 NAT DONUT DAY
- JUNE 6 NAT YO YO DAY
- JUNE 14 INTERNATIONAL BATH DAY
- JUNE 21 NAT SELFIE DAY

# SPRING SURVIVAL KITS







**A FEW GO TO OPTIONS**

# A CHARGING CART





## DURING COLD SEASON



*Please take an  
Emergen-C  
if you feel the  
need for extra  
immune support*



# SHARE SOME LOVE



*If you could see  
yourself through  
my eyes, you  
would know how*

*incredible*

***You  
Truly  
Are!***

# SOME OTHER IDEAS:

- EASTER EGG NOTES AND TREATS
  - COFFEE BAR
  - ROOM SERVICE REQUESTS
  - ROOTBEER FLOAT PARTY
- POPCORN PARTY WITH TOPPINGS
  - ICE CREAM SURPRISE

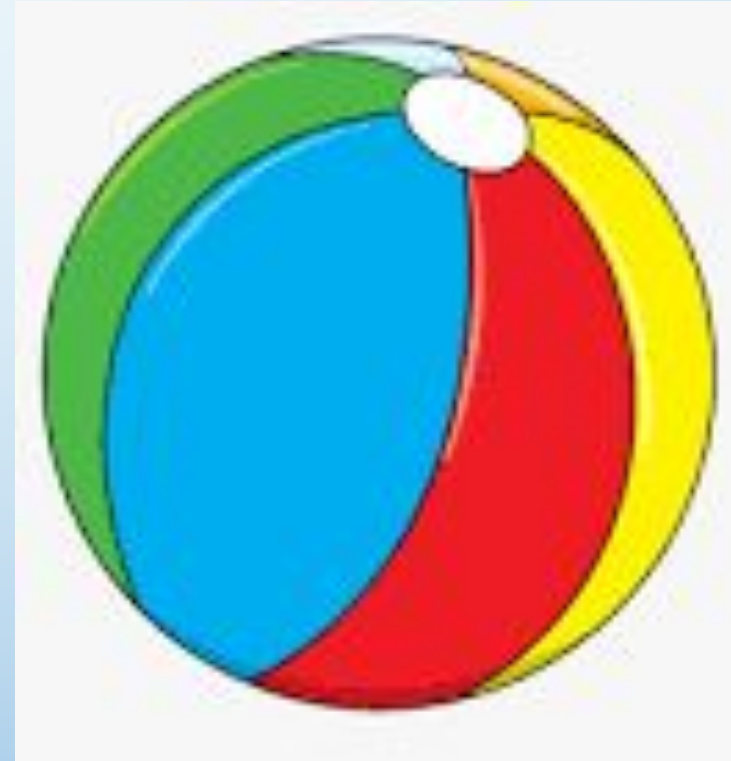
## A FEW MORE BECAUSE THIS IS FUN

- HANDWARMERS (AS I SEE YOU WARM THE HEARTS OF OUR STUDENTS MAY THESE HELP WARM YOUR HANDS)
- “NACHO ORDINARY” FRIDAY
- OUT OF THE BLUE
- WE ARE ON A ROLL
- “POPPING OUR WAY THROUGH SPRING”-POP ROCKS



# END OF YEAR SEND OFF

- *BEACH BALLS*
- *PICTURES*
- *QUOTES-6 WORDS*
- *LETTER TO SELF*
- *THANK YOU NOTE*





# NEED MORE INFORMATION OR REMINDERS?

FIND ME ON TWITTER [@SHOLTYS](#) TO SIGN UP FOR MY  
“SCHOOL CELEBRATION NEWSLETTER”  
[CINDY.CROMWELL@KELSOSD.ORG](mailto:CINDY.CROMWELL@KELSOSD.ORG)